

# 5 steps to your personal success

---

Made by :



*Anthony Hannus*

Framgångs Akademin



# 5 steps to your personal success

*"Success is nothing more than a few simple disciplines, practiced every day."*

You have decided!

You are not happy with the way your life is today.

I want to congratulate you on taking the first big step towards your personal success

Please do me a favour and promise me that you will be a part of the 3% of people that want something better out of their life. Promise me that you will build yourself the life you deserve.

Promise this is not the last, but the first step towards a life filled with passion, freedom and wealth.

**Everybody** wants to have success and wealth, Everybody wants to have more money than they can spend but few are willing to do the things that it takes.

But since you are a person reading this guide chances are that you are serious with building a life filled with freedom and wealth

TO decide to become successful is easy. In today's world becoming rich and successful is also easy.

You heard me right, to become rich is easy!

Sickness is hard, telling your kids you cant afford to take them on vacation is hard, telling the one you love that you cant afford to do the things you want, because you did not step up, is hard

Becoming rich is EASY compared to that

Maybe you think I sound stupid. But for me easy is something you CAN do. It is possible. Cancer is hard! Getting rich is easy!

But of course you have to work for it. But everybody living in Europe or USA can become rich. 1 million is not beyond anyone's reach. You can do it by stepping up and doing the right things.

But as always, there is a catch. And we are lucky there is one. Otherwise everybody would do it.

*"What is easy to do, is also easy not to do"*

It is easy to postpone things

*"I'll start tomorrow" "I am too tired today"*

These are 2 excuses that are all too common.

A big reason why people don't take action is that they don't know where to start.

There are countless of products that promise much, but offer methods that do not give any results. They promise you the magic pill-solution.

"Buy our product and "BAM" you are automatically transformed to a successful person

**BUT** the world does not work like that. It will take a long term view and work, not a magic pill

Still, you will achieve remarkable results fast by applying the right methods but for lasting success you need constant improvement and development. And you will quickly notice that the journey is much more fun than the results.

You will wake up every morning like a kid on Christmas. So excited about your day.

But you **NEED** somebody to show you the way.

That is why we offer a proven method that gives predictable but exciting results. We help you to become the human being you deserve to be and to give you success that lasts a life time

You only need to follow a few steps and your success is **guaranteed!**

But you must follow these steps.

In this guide I will teach you 5 simple but effective steps that you can use today to change your life forever.

These steps have changed my life forever and given me amazing results faster than I could dream of.

This guide is inspired by one of my mentors and maybe the world's leading and most praised success-coaches ever:

*Jim Rohn.*

# 1. Your Personal Philosophy

*"Each person's income is determined by their philosophy, not by the economy"*

This means that your income and success is only depending on you and factors that you can affect. Nobody has ever become rich by going on strike, complaining of waiting for better times.

Instead of trying to change the circumstances, change yourself. If you will change, everything will change for you!

Success and wealth is not something you run after, but something you attract by the person you become.

This means that you have to educate yourself, get a philosophy of life where you constantly try to improve and success will come running to you.

How can I do this?

*"If you want to get more, you have to **BECOME MORE!**"*

-You enhance your value.

-You constantly educate yourself and become an expert in your field. Read books, watch videos, practice and analyse. There has never been more material available for you than today.

- Learn more languages

- Challenge yourself, put yourself out there.

Read all the books you need to read. The more you read and educate yourself the better decisions you will make with your personal philosophy.

If you improve only 1% everyday you will be **twice as good** in only 70 days!

Talk about snowball effect. Continue with improving 1% everyday and your potential is **unlimited!**

.

## 2. Your Attitude

*“Don’t wish it was easier, wish you were better. Don’t wish for less problems, wish for more skills. Don’t wish for less challenge, wish for more wisdom.”*

Your attitude in life, your past and how you see the future will decide your success in life.

Look to the past for experience and knowledge .

Look to the future for inspiration

And take action **today!**

Decide what you want to achieve, write it down and make a plan for how you will get there.

*"If you don't design your own life plan, chances are you'll fall into someone else's plan. And guess what they have planned for you? Not much."*

**An example:**

No one builds a house first and then creates the drawings. Building without a plan ends in catastrophe.

Still I find it incredible that most people spend more time planning their next vacation than they spend planning their life.

Write down:

- Where you are today?
- What do you want to achieve?
- How do you feel today?
- How do you want to feel?

And think about how you could achieve your goals.

What would need to happen?

Confidence comes from doing what need to get done and by knowing what you need to do for you to achieve your dreams.

Change your attitude and everything will change for you!

### **3. Your Activity**

*Don't wish it was easier, wish you were better. Don't wish for less problems, wish for more skills. Don't wish for less challenge, wish for more wisdom."*

To achieve something you need activity. Work has to get done every day (at least 5 days a week).

Everything in life worth having requires pain and some sacrifice. Happiness, wealth and success is a product of activity and would not feel as good if there was no pain on the road to it.

How fun would it be to succeed without having felt failure?

Pretty boring I would assume.

#### **Example:**

A woman having a baby has to suffer pain but the end results is worth that pain.

It is the same thing for your personal success.

Learn to enjoy hard work.

Appreciate yourself when you take action and get things done.

You know that you are one of the few trying to build yourself a life full of freedom, wealth, success and adventure.

Reward and praise yourself when you deserve it.

**BUT!**

If you rest too long after sowing in your garden the weeds will win.

Enjoy your wins, but not for too long. Don't become complacent and constantly try to find the next level.

**Act, trust the process, enjoy and seek the next level.**

## **4. Measure Your Progress**

*"What gets measured, gets managed"*

Learn to measure your progress.

Are you doing the right things?

Are you taking action?

Is it getting you the results you want?

If you don't analyze and measure your progress, how will you then even know if you are making any progress or are you just standing still?

Every world leader in their field has a coach.

Tiger Woods has a swing coach, Usain Bolt has a sprint coach and CEOs for the biggest companies had coaches and mentors that measure, analyze and give tips on how they can improve.

We also measure the progress of our children. No one tells a child that it is a good speed to spend 5 years in third grade. We demand constant development and we measure their success.

But beware, do not be too hard on yourself. Be honest and establish where you are at the moment. It is important not to be too hard on yourself. Accept that everyone can have off days when nothing feels right.

Accept this is where you are the moment and how can I reach my goals for the future.



Progress is one of the best motivation factors there are. If you measure it and get results you will get excited for the future and you want to achieve even better results.

Reward yourself if you get good results.

It will lead you your unconscious to strive after good results because it knows that  
**good results = rewards**

## 5. Your Lifestyle

### *"Learn to live Well"*

You have to learn to live well, appreciate your life and do the things you enjoy doing.

Here are some tips to lead a good life

1. Produce things you enjoy doing and things you are good at.

Write a book, do sports, paint...

2. Have good friends and take care of them

3. Be proud of your work and legacy. Live according your philosophy and values.

4. Educate yourself to live after the standards and values you have. Be a student of life, never stop learning.

5. Take care of your family, there is no thing more important than your family.

6. Learn to be grateful for what you have, the biggest fortune we can have is gratitude. Without gratitude there is no success!

These are the 5 values I want to share with you.

Practice them daily and your success will be inevitable.

Remember:

***"The worst days of those who enjoy what they do are better than the best days of those who don't."***